

## **Circular 3 from Ulgham Parish Council and the UVA.**

**April 2020.**

### **COVID-19. Latest information that you may find helpful.**

- 1. Patients at Wellway Surgery and Pharmacy Pegswood** – can order prescriptions online or by phoning 515326. Opening hours have changed to 8am to 12 Noon and then 2pm till 5pm and finishing early at 12 Noon on Thursdays. Prescriptions can be brought out to the car if you call first on 515615. Anyone can pick up prescriptions with your permission.
- 2. Glass Collections** – the normal sites for glass collection in our area are now full so please do not attempt to take any glass for disposal/recycling. The waste management team are working as hard as they can to empty containers and where possible will let our communities know when there will be empty facilities to use. We will keep an eye on the council website and let you know as soon as we have information on re-opening of sites.
- 3. SCAMS** – Please be wary of anyone getting in touch and offering financial or other help as there are a number of scams circulating at this time, some of them with an NHS heading perhaps offering testing. Please do not be taken in by them especially if they are asking for money to be sent.
- 4. Citizens Advice information supplied by the county council** – General Enquiries Tel 03444 111444 9.00am-4.30pm Mon-Fri, email advice via our online form at [www.citizensadvicenorthumberland.org.uk](http://www.citizensadvicenorthumberland.org.uk). Online advice at [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk). Universal Credit Help and Claim Service Tel. 0800 1448444 8.00am-6pm Mon-Fri or 01670 339985. Energy Advice Tel 01670 339985, email [energy@citizensadvicenorthumberland.org.uk](mailto:energy@citizensadvicenorthumberland.org.uk). Debt and Money Advice Tel 01670 33960. Text “DEBT” to 81400 for a call back, email [debt@citizensadvicenorthumberland.org.uk](mailto:debt@citizensadvicenorthumberland.org.uk).
- 5.** If you know anyone who may need a referral to a food bank please contact **Lyn Horton** Tel. 07950763613
- 6.** Please note that the **Playground** is not accessible and is cordoned off after instructions from the county council and from this weekend the tennis court will be chained and padlocked. The playing field is still accessible for walking, but if you are walking your dog please pick up any **dog waste** and remember that **all dogs** must be on a **short lead**.
- 7. Electricity and Gas Supplies** – in case of problems/disruption, **contact your supplier** to register on the **Priority Services Register** which has been set up for certain groups in the population, these are: those of pensionable age; carers; anyone with poor mobility; anyone with a mental health condition;

families with children under 5; anyone with chronic/serious illness. If there are any problems you will get alternative heating/cooking apparatus.

8. **Northumberland Library Service** has gone digital. Anyone with a library card can access hundreds of eBook and eAudio titles for free using their library card at [mylibrary.co.uk](https://mylibrary.co.uk). If you're not a member you can join for free online and, due to present circumstances, still be able to access the digital service using temporary membership. You will not need to collect a card. Visit <https://www.northumberland.gov.uk/news/2020/Apr/Digital-Library-offers-exciting-new-ways-to-access.aspx> or <https://northumberland.spydus.co.uk>.
9. **Bin Collection** is still as normal but the Worrall Bank Unit is now closed. Received from the county council - '**If anybody in your household is experiencing symptoms of COVID-19 Please double bag tie the handles and leave for 72 hours before putting it in the bin keep our bin crew safe and this vital service running**'.
10. **Deliveries to the village** from local providers – **Price Greengrocer in Morpeth** every Friday, also **Gebhards** will take orders and delivery will be with the greengrocery order from Price. **Pauline Martin** is coordinating orders; if you want a delivery please email [pmartin0553@gmail.com](mailto:pmartin0553@gmail.com) or phone number below, your order to her by Wednesday of each week. **David Ross at Manor Farm Ulgham** has eggs – Tel. 790079, all monies collected will go to charities associated with the **NHS**. **Glentons Bakery Pegswood** have a delivery service, Tel. 01670 818062. **Hillheads Farm, Backworth** Tel. 0191268341 will deliver fresh fruit, veg, eggs and milk. **Morwick Ice Cream**, raw milk and take home ice cream from their vending shed open from 10am-7pm, email [info@morwickdairy.co.uk](mailto:info@morwickdairy.co.uk) Tel. 01665711210. **Martins in Morpeth** will deliver meat, a charge of £3.00 for orders under £40.00 Tel. 01670 513359. **Hauxley Farm** will provide milk Tel. 07584692001.

**Please note all of the above services will depend upon stock availability and issues around drivers and transport.**

11. Facebook '**Ulgham Village Together**' offering social contact and any help with reaching services that may be online. If there is information that comes from this source that you need to know we will provide it via this circular.
12. **Scrap Metal Dealer** – Jan Metal of Ashington is to visit Ulgham on the first Wednesday of the month starting on 6<sup>th</sup> May. If anyone has an item to be picked up please ring John on 07506018686 to arrange time and place.

13. The **village website has links to** – walks around Ulgham and please use Northumberland County Council Website which has a great deal of advice and information on how to access goods and services locally. <http://www.northumberland.gov.uk>. There is a link there to Northumberland Communities together which is part of the **Community Response Hub**. Contact number 01670620015. This service will provide volunteers to pick up food/prescriptions and also offer social contacts via a telephone for chats and support. There is also information on how people can volunteer to help those in our community. The county council are asking us to keep the names of those who have contracted COVID- 19 confidential – please respect privacy and do not pass on information. Thank You.
14. **Ticketmaster** is streaming live music and lists of upcoming live music streams - <http://discover.ticketmaster>. Amazon is streaming stories free to children and students of all ages while the schools are closed - <http://stories-audible.com/start-listen>.
15. **You Tube** – Andrew Lloyd Webber is live streaming one of his musicals free each week. If you have You Tube look for ‘**The Shows Must Go On**’. They are only available for 48 hours every Friday and Joseph and the Amazing Technicolour Dreamcoat and Jesus Christ Superstar have already been shown over the past two weekends. This week it is Phantom of the Opera.

### **Reminder of Contact Details:**

**Parish Councillors - Jim Scott 790636, Helen Shaw 790170, George Brown 790465, Lesley Newman - 07717841474. Chair of the UVA Helen Dunn 791849, Paul and Pauline Martin 790721.** These contacts cover all of the village and Ulgham Grange. If anyone feels able to help in any way please contact one of the above. Sometimes just a phone call to check that all is well can make such a difference to someone.

**An enormous thank you to everyone who is helping with this effort to keep in touch with all village residents and responding to their needs so willingly.**



## Doorstep Deliveries

Our Morrisons Doorstep delivery service is available to vulnerable and elderly members of the community, unable to go shopping in-store. Please select your items from the below essentials list.

Call 0345 611 6111 and select option 5 to place your order.

Your order will take 24 hours to process and payment will be taken through a contactless card by the delivery driver, please have this ready.

### DAIRY

Milk - 2 pints	<input type="checkbox"/>
Butter	<input type="checkbox"/>
Eggs	<input type="checkbox"/>
Cheese	<input type="checkbox"/>

### BAKERY

Bread	<input type="checkbox"/>
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### FRUIT

Bananas	<input type="checkbox"/>
Oranges (Tangerines/Clementines)	<input type="checkbox"/>
Apples	<input type="checkbox"/>
Grapes	<input type="checkbox"/>

### VEGETABLES

Potatoes	<input type="checkbox"/>
Broccoli	<input type="checkbox"/>
Carrots	<input type="checkbox"/>
Tomatoes	<input type="checkbox"/>
Lettuce	<input type="checkbox"/>
Cucumber	<input type="checkbox"/>

### MEAT & FISH

Chicken Breast Fillets	<input type="checkbox"/>
Unsmoked Bacon	<input type="checkbox"/>
Sausages	<input type="checkbox"/>
Corned Beef (Fresh)	<input type="checkbox"/>
Corned Beef (Tinned)	<input type="checkbox"/>
Chicken Slices	<input type="checkbox"/>
Beef Mince	<input type="checkbox"/>
Salmon Fillets	<input type="checkbox"/>

### FOOD CUPBOARD

Pasta	<input type="checkbox"/>
Beef Oxo Cubes	<input type="checkbox"/>
Beef Gravy Granules	<input type="checkbox"/>
Ready Salted Crisps multipack	<input type="checkbox"/>
Cornflakes	<input type="checkbox"/>
Custard Creams	<input type="checkbox"/>
Chopped Tomatoes	<input type="checkbox"/>
Tomato Soup	<input type="checkbox"/>
Marmalade	<input type="checkbox"/>
Self Raising Flour	<input type="checkbox"/>
Sugar	<input type="checkbox"/>

### DRINKS

Tea	<input type="checkbox"/>
Coffee	<input type="checkbox"/>
Diet Lemonade	<input type="checkbox"/>
Diet Coke	<input type="checkbox"/>

### FROZEN

Chips	<input type="checkbox"/>
Scampi	<input type="checkbox"/>
Peas	<input type="checkbox"/>

### READY MEALS

Cottage Pie	<input type="checkbox"/>
Lasagne	<input type="checkbox"/>

### HOUSEHOLD

Toilet Roll 4 pack	<input type="checkbox"/>
Kitchen Roll 2 pack	<input type="checkbox"/>
Ariel Liquid	<input type="checkbox"/>
Bleach 750ml	<input type="checkbox"/>