



# Ulgham Newsletter

July/August 2022



Ulgham did the Jubilee weekend proud! The Village looked festive and celebratory; there were many positive comments about Ulgham's efforts. Thank you to the amazing team who did the decoration and then removed it at the end of the weekend! Thank you to the 'Caisley's' for creating the beautiful hanging baskets and hosting the plant sale for the Lewy body Dementia Charity. More information on the disease can be found overleaf.



The duck race was great fun. Thanks to the 'Duck Team' for organising the route and the ducks (finely balanced!), for the 'wave making' and adjudication. We had a photo finish and 3 ducks were placed, winning closely. This could be an annual event! Who knows!

Saturday evening at the cricket club 'do' was a friendly get together: food, drink and music made it very convivial. The evening finished with fireworks! Thank you to the Cricket Club for their contribution to the Village

The 'piece de resistance' was the picnic in the park on the Sunday. There was lots of preparation making the park ready, organising refreshments and entertainment.

A big Thank You to all the cake makers and a marvellous effort which everyone enjoyed.



The musical vibe kept us all going on a cold afternoon and the variety of activities were enjoyed by many, especially the children.



The KEVI Steel Band were very pleased and grateful for the generous donation to their instrument fund.



Enormous thanks to everyone who supported the plant sale on the 4th of June in aid of the Lewy Body Association in memory of John Carpenter. A special thanks of gratitude to the Caisley family who prepared all of the planters; hanging baskets and trays of plants over many weeks in readiness for the sale and worked so hard on the day. As well as a fundraising event it was also a lovely social occasion as village residents sat and chatted while enjoying drinks and biscuits.

A magnificent total of £556. was raised to help with ongoing research into this particular form of dementia and with support for patients and their families.



Lots and lots of Thank You's already said - never enough. Thank you for the wonderful effort made by so many, to have a great Parish event. We are privileged to live in such a caring and proactive community.



# Ulgham Womens's Institute



We meet on the second Monday of the month throughout the year at 7:30pm

We have a varied programme of speakers and demonstrations and a very friendly and welcoming group of ladies. So ladies, why not come along and give us a try !!

Ulgham W.I. Hall is available for hire.  
We can also provide catering at very competitive prices.

This is a warm and welcoming venue with modern facilities and access for the disabled. Contact Pauline for further information Tel: 01670 790721

## Regular Events at the W I Hall

If you wish to join any activity, please contact the organiser

### MONDAY

Salsacise - Every Monday 10am-11am. Next session is September due to the summer holidays  
All welcome for dance and exercise. A combination of salsa and exercise to great Latin music.  
Contact Helen for more details. Tel: 791849

Ulgham Parish Council Meeting - Third Monday of the Month - 7pm. - All Welcome.

Knitting Group - Last Monday of the Month - 2:30 pm- 4:30pm.  
A small group who knit for charity, making items needed by chosen charites. All Welcome.  
Contact Pauline for more details. Tel: 790721.

### TUESDAY

Art Group - First Tuesday of the Month - 2pm- 4pm. Next session will now be September. A time to work on your art project. All Welcome. Cost is £3 per session. For further information please contact Michael Toole Tel: 07506320496 or visit his website: [www.michaeltoolefineart.com](http://www.michaeltoolefineart.com).

Crafternoon - Second Tuesday of the Month - 2pm - 4:30pm.  
Bring along any craft you are working on - knitting, crochet, sewing etc... no tuition but we can share tips and advice and enjoy spending time with other crafters. Cost is £3 per session.  
Tea and coffee will be available. All Welcome. Contact Pauline for more details. Tel: 790721.

Film Night - Second Tuesday of the month 7:30pm. Due to start again in September. Please contact Helen Tel: 791849 for further information

### WEDNESDAY

Rendezvous - Every Wednesday morning 10am - 12noon.  
Everyone is most welcome for a coffee and chat. There is also table tennis and dominoes.

### THURSDAY

Gardening Club - Last Thursday of the Month - 7:30pm. July and August are Garden visits, If anyone wishes to join, please contact Helen.  
Meetings include visiting speakers, flower and produce show, quiz night. June and July are garden visits. Contact Helen for more details. Tel: 791849

### FRIDAY

Little Owls - Term time Friday morning 10:00am - 11:30. A stay and play group. Lots of activites to enjoy. Cost is £2 per family. Contact Susan for more details:  
Email: [littleowlsulgham@outlook.com](mailto:littleowlsulgham@outlook.com).

Website: [littleowlsulgham.wordpress.com](http://littleowlsulgham.wordpress.com). Facebook: Little Owls Ulgham Stay and Play

# St John's Church

St John's Church holds a service every Sunday at 11am.  
The First and Third Sundays are Holy Communion.  
The Second, Fourth and Fifth Sundays are Morning  
Prayer led  
by a lay member.



## Dates for the Diary

19th August - 14:00 - 14:40, Mobile Library - Forge Estate

no date for the Mobile Library for July due to Summer Holiday



The new picnic tables are a welcome addition to the park facilities.

The Jubilee wildflower favours were distributed and hopefully sown. The 70 years reign of Queen Elizabeth has embraced us all.

The planters are in place offering more colour and interest to the Village. Thank you to the Community Foundation for funding the application.



A few more photots from the Jubilee Weekend.



Widdrington Station & Stobswood Parish Foodbank.

The W.I. hall is drop off point for any non perishable donations of food, toiletries...There is a box in the hall, access can be anytime the hall is open for the regular events.

Residents of Ulgham now have access to a laptop and printer with thanks to Ulgham Village Association.  
The equipment can be used during the Rendezvous sessions on Wednesday mornings between 1000 - 12:00.

Further information on Lewy Body Dementia as discussed on the front cover.

Lewy Body Dementia refers to either of two related diagnosis - dementia with Lewy Bodies (Lewy Bodies are clumps of protein that can form in the brain) and Parkinson's Disease Dementia. When the proteins build up, they can cause problems with the way your brain works, including your memory, movement, thinking skills, mood, and behavior. These problems can keep you from doing everyday tasks or taking care of yourself. Both diagnoses have the same underlying changes in the brain and, over time people with either diagnosis develop similar symptoms. The difference lies largely in the timing of cognitive (thinking) and movement symptoms.

<https://www.lewybody.org>



Sheila Turner and family wish to thank everyone for their sympathy and condolences when they heard of Norman's death. Without you all, your friendship, your kindness, your generosity of help, has given me the courage to cope. Suffering produces endurance and endurance produces character and character produces hope. Thanks again, sincerely Sheila.

St John's Church - SJB 100 CLUB  
Here are the results of the draw which took place on 5th June.

1st Prize £35 No. 88 C James  
2nd " £25 No. 110 A Carpenter  
3rd " £15 No. 52 J Bell  
4th " £10 No.123 A Addison

Our next draw will be on Sunday 7th August.  
Good Luck everyone

Martins Butchers of Morpeth are offering home delivery - meat, eggs, pies etc.  
Orders to be received by Wednesday for delivery on Thursday.  
Tel: 01670 513359

Greengrocer E. Price of Morpeth have been delivering to Ulgham since March 2020.

If you would like to use this service, please email your order to Pauline Martin each week by Wednesday evening for delivery on Friday. Pay cash on delivery. For further information please contact Pauline Tel: 790721 or Email: pmartin0553@gmail.com

Thank you to all householders who have cut their hedges in June. It is particularly important to keep pavement clear for walkers, wheelchairs and young scooters!

## Keeping in touch

### Parish Councillors

Jim Scott (Chair)

Helen Shaw (Vice Chair)

George Brown

Lesley Newman

Deb Wilson

Tel: 790636

Tel: 790170

Tel: 790465

Tel: 07717841474

Tel: 07771598371

Ulgham Village Association (UVA)

Helen Shaw

Tel: 790170

W I Hall Booking and Information

Pauline Martin

Tel: 790721

Church Warden

Pamela Lamb

Tel: 790064

Facebook: Ulgham Village Together  
<https://www.facebook.com/groups/499042107669207>

Website: [www.ulgham.org](http://www.ulgham.org)

### Neighbourhood Watch

Please get in touch if you notice anything or anyone acting suspiciously. Our coordinator is Veronica Duffield Tel: 790829

If you think you have been a victim of fraud, please contact Action Fraud immediately by calling 030 01232040