

Monday's - 10-11am - **Salsacise/KeepFit** - WI Hall. Want to feel energised and keep the body moving for the summer days. Why not start the week off with a visit to Ulgham Village Keep Fit Class. This is a small and friendly group, always willing to help new members get the body moving (no floor work). No booking needed just come along. Small charge. Look forward to see old and new members. Contact Laura 790901.

Wednesday's - 10-12pm - **Rendezvous** - WI Hall. A great way for residents to catch up with friends and neighbours over coffee every Wednesday morning.

Wednesday's - 5.45-6.45pm – **Dancercise** - WI Hall. One hour of dance and exercise to music videos from the 60s to the Noughties. There is a small charge to cover the cost of the hall hire. For more details ring Helen 791849.

Wednesday's - 7.30-8.30pm - Yoga - WI Hall. All welcome. Call Becci 07939 632518 or sageearthyoga@gmail.com

Please note CHAIR YOGA cancelled on Thursday, 2nd May due to hall being used as Polling Station.

The **Gardening Club** is visiting Stanton Hall Nursery and Garden and possibly Bide A Wee Cottage Nursery and Garden on the **4th May**. Please get in touch with Helen Dunn 791849 if you would like to join us as a guest.

Sunday, 12th May - 11am - Container sort, Village field.

Tuesday, 14th May - 2-4.30pm - Crafternoon - WI Hall. Bring along your knitting, sewing, crafting etc. £3.

Tuesday, 14th May - 7.30pm - **Film Night** - WI Hall. This month we are showing 'One Life' starring Anthony Hopkins and Helena Bonham Carter. 'The true story of Nicholas Winton a young London broker who in the months leading up to WW11 rescued 669 predominantly Jewish children from Poland and brought them to England. These children and their families had already fled from Germany and Austria after the rise of the Nazis there and were living in pitiful conditions with little or no food or shelter. In 1988 the BBC television show 'That's Life' surprises him with introducing members of the audience whose lives he had saved'.

Thursday, 16th May (then every third Thursday) - 7-9pm - **CrafterSeven** - WI Hall. Bring along any project you're working on: knitting, crochet, sewing, painting etc. Refreshments will be served too! £3 a session.

Saturday, 18th May - 10.15am - WI Hall. **Ladies Fashion SALE** - high street brands with up to 70% off high street prices. Tickets £5, includes coffee and cake. Plus, a chance to win in the raffle up to £50 in vouchers off clothing and other prizes. All proceeds to St John's Church, Ulgham. Call Pauline 07752 334052 or <a href="mailto:pmai

Monday, 20th May - 7pm - WI Hall. Ulgham Parish Council AGM.

Tuesday, 21st May - 7pm - WI Hall. UVA meeting.

Monday, 27th May - 1pm - Ulgham Grange Ford. The Duck Race.

St John's church has a service every Sunday at 11 am with Holy Communion on the 1st and 3rd Sundays.

The **Gardening Club** are holding a plant sale with donations going to Macmillan Cancer Support on **Saturday, 1st June** - 10-12pm. Come and buy plants, hanging baskets, planted containers and enjoy tea and coffee on the lawn. Venue 10 Manor Court, NE61 3BG.

Thursday, 13th June - 7pm - **Chinese Banquet** at Mulan Restaurant Morpeth - 3 Course Meal. Tickets £23 available from Pauline 01670 790721, mobile 07752 334052, email pmartin0553@gmail.com

For information on 'Regular Meetings at the WI Hall' refer to the WI page on the Village website https://ulgham.org/ulgham-wi or the annual WI Hall infomation leaflet.